

## Fieldwork Site Profile (FS-PRO): Learning Opportunities and Resources

*Please fill in and return to your affiliated university occupational therapy program.*

### Site and Contact Information

Name of site: Concordia Physio Sport - DDO; Affiliated with CBI Health Group

Name of program/sector: Occupational Therapy Department

Name of contact person: Wendy Whelan

Title of contact person: Occupational Therapist

Address: 3881B Boul St Jean, Dollard-des-Ormeaux, Quebec, H9G 2V1

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Web site: http://www.concordiaphysiosport.ca

- Supporting material about the site and occupational therapy services attached  
(e.g. pamphlet, brochure, fact sheet)

*\*of contact person*

If you have any questions or comments, please contact your university representative:

A member of the University Fieldwork Coordinators Committee (UFCC) , a sub-committee of the  
Association of Canadian Occupational Therapy University Programs(ACOTUP)

## Fieldwork Site Profile (FS-PRO): Learning Opportunities and Resources

*Copy and complete for individual location or program as appropriate.*

**Name of program / site:** Concordia Physio Sport - DDO

*(if different from page 1):*

<p><i>Contact information if different from page one:</i></p>	<p><i>Location of occupational therapy services in the building:</i></p>
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### Characteristics of Occupational Therapy Services:

1. Occupational therapy services are organized on:  an O.T. department basis  a program basis  
 No O.T. on site  other: \_\_\_\_\_

**Description:**

The occupational therapist functions in the role of vocational specialist and return to work coordinator.

The occupational therapist works closely with client, physiotherapist, TRP (physical rehabilitation specialist) and strengthening specialist.

The occupational therapist will provide individual assessments, treatment as well as educational groups.

The occupational therapist may if required and approved by sponsor (CSST/SAAQ/Insurance) perform;

- in home assessments
- job site analysis
- employer communication
- physician communication
- case management meetings
- draft a return to work plan
- job coaching
- functional abilities evaluations (FAE)
- driving assessments.

2. System(s) / services in which you practice:  Public sector  Private practice
- Hospital  Rehabilitation centre  Long term care centre  Outpatient clinic
- Insurance industry  School  Home  Community  Day hospital
- Other: \_\_\_\_\_

3. Occupational therapy roles:  Direct care  Indirect care  Consultation  Research  
 Administration  Other: \_\_\_\_\_

4. Client life span:  Children  Adolescents  Adults  Older adults

### Characteristics of Occupational Therapy Services (continued):

5. Client conditions:  Mental health  Physical health  Combined

*Please list:* Our Occupational Therapy department provides treatment and consultations to an adult population with;

- musculo skeletal injuries and orthopaedic conditions.
- post surgical repairs.
- individuals with mental health conditions such as depression, anxiety.
- geriatric population with decreased autonomy.
- individuals on long term disability.
- individuals with chronic pain syndrome.

6. Areas of practice and / or occupational therapy focus (e.g. occupational performance issues):

*Please describe:* An individualized treatment plan is developed based on initial assessment information and physical findings. This treatment plan takes into consideration the needs and expectation of the client, and balances those needs with the goals and expectations of the other involved parties.

The focus and long term objective of the treatment is to prepare the client for normal daily activities, including work. A comparison of objective measures of function with the identified critical demands of employment, measurements of functional tolerances, lifting ability and job specific abilities, are used to establish baseline levels and assess the readiness to return to work.

A comprehensive educational program based on assessment of client's injury, needs, preferences and learning style is integrated into the treatment plan. The educational plan is offered most often on an individual basis but may be offered on a group basis.

7. Hours of operations: 8h00-16h30; Monday to Friday

8. Total number of occupational therapists working at/for your site:

Full Time: 2 \_\_\_\_\_  Part Time: 1 \_\_\_\_\_

9. Support personnel?  yes  no If yes, how many: \_\_\_\_\_

## Learning Opportunities and Resources for Students:

1. Access to a library (either on or off-site) :  yes  no
2. Internet access:  yes  no
3. Other learning opportunities and resources for students (*please list*):

Access to literature and articles available in clinic.  
Access to the CBI Health Group's online resource center and tools including;

- Relevant articles
- Research
- Assessment tools
- Standardized norms and guidelines.
- Sample reports.

4. In addition to the University's expected learning objectives for each placement, please state the general learning expectations and the educational philosophy of your site to assist students in preparing for fieldwork at your site.

Students are expected to;

- learn to utilize the initial assessment form in Occupational Therapy.
- be familiar with and learn to utilize some of the available assessment tools (based on client needs).
- be familiar with services provided and occupational therapy treatment/program objectives.
- participate actively in occupational therapy assessments, treatment, program and rounds; as proposed by clinical supervisor.
- participate in specific services provided when available and possible (such as FAE, job site assessment, driving assessment etc) as per clinical supervisors recommendations.
- develop charting skills as per clinical supervisor's guidelines.
- manage a client case load (depending on student experience)
- complete assignments and projects (as per clinical supervisors recommendation).

### Administrative Resources:

1. Orientation session offered upon students arrival:

yes  no, it will be available on (specify date): \_\_\_\_\_

2. Space and resources available to students (phone, desk, computer or other):

Offices with desk, phone and computer available. To work on projects students have access to literature and articles in the clinic as well as CBI Health Groups online resource center.

3. Health and safety policy in place:

yes  no, it will be available on (specify date): \_\_\_\_\_

4. Emergency procedures information available:

yes, location: policy and procedure manual in clinic

no, it will be available on (specify date): \_\_\_\_\_

5. Policies and procedures information available:

yes, location: policy and procedue manual

no, it will be available on (specify date): \_\_\_\_\_

6. Contingency plan available (for absent fieldwork educator during placement):

no, it will be available on (specify date): \_\_\_\_\_

yes. Please outline its major characteristics:

Student can work alongside other full-time Occupational Therapist

### Administrative Resources (continued):

7. Continuing education plan in place for occupational therapists on site:

no, it will be available on (specify date): \_\_\_\_\_

yes. Please outline its major characteristics:

- Annual performance reviews for professional development.
- Company offers regular continuing education on relevant topics.
- CBI Helath Group has an established continuing education program available to all employees.
- Employees are encouraged to participate in continuing education available through professional organization (OEQ).

### Amenities Available to Students:

1. Cafeteria:  yes  no

2. Kitchen facilities:  microwave oven  refrigerator  other: Employee Closets / racks

3. Locker:  yes  no

4. Bicycle rack:  yes  no

5. Parking:  yes, cost: Free  no

6. Public transportation available:  yes  no

7. Other (please list):

(e.g. accommodation for students)

### Site Requirements for Students:

- 1. Immunization:  yes  no
- 2. Criminal record check:  yes  no
- 3. Dress code:  yes  no If yes, specify in box below.
- 4. A car is required during placement hours:  yes  no  
 If yes, describe the site "gas reimbursement" policy for OT students, in the box below.

Please specify additional information and/or requirements:

Dress code:

- Professional attire; no jeans or open toe shoes. No shorts or skirts above the knee.

### Message to Students:

Please add anything else you would like students to know or prepare for prior to starting a placement at your site.

- Pre-placement information package sent to student (e.g. reading list or material, schedule):  yes  no

### Signatures:

Profile completed by: Wendy Whelan  
22, 2010

date: July

(Name and title)

My organization wishes to offer placements to occupational therapy students from:

- my affiliated University
- Canadian universities
- International O.T. programs

For fieldwork education purposes, I hereby authorize my affiliated university occupational therapy program to forward the information included in the FS-PRO to students and fieldwork coordinators from other occupational therapy programs.

I shall ensure that students will be supervised by qualified occupational therapists who have a minimum of one year of professional experience, and hold credentials with their provincial regulatory body.

Signature: \_\_\_\_\_

date: July 22, 2010



